**Template Letter: Questions to Ask Secondary Schools**

**Important Note for Parents:**  
Before sending, please:

* Personalise the blue sections of this letter with **your name, your child’s details, and the school’s name**.
* Delete all the explanatory notes in red (these are just for your guidance).
* Choose 5–10 questions that matter most to you and delete the rest.
* You can **print and drop it off to the school or save and email it as an attachment.**

**[Parent Name]**  
**[Parent Address]**  
**[Date]**

**To:** [Headteacher name]  
**[Insert School Name]**

**Subject: Questions Regarding Relationships, Sex and Health Education**

Dear [Headteacher’s Name],

As a parent of a child at [Insert School Name], I would like to better understand how the school delivers RSHE.

*When you ask questions to schools it forces them to re-think their practice. It also communicates that RSE is a priority for you as a parent.*

I would be grateful if you could provide written responses to the following:

**1. Curriculum Content and Delivery**

* What materials does the school use when teaching Relationships, Sex and Health Education (RSHE)?
* How does the school ensure that different perspectives on same-sex relationships are presented fairly?
* What guidance is provided to teachers to ensure relationships teaching is objective, critical and pluralistic, in line with the law?

**2. Parental Rights and Involvement**

* How can I withdraw my child from the sex education element of RSHE?
* How does the school facilitate parental requests to view RSE teaching materials and resources?
* How often is the RSE policy reviewed, and how are parents involved in the process?
* How were parents consulted before selecting the current RSE materials?
* What is the process for ongoing consultation with parents on RSHE topics and resources?

**3. External Influences and Visitors**

* What outside organisations advise or support the school’s RSHE programme?
* What external groups are invited to deliver lessons or workshops on RSHE, ‘LGBT’, or related themes?
* What vetting or criteria does the school use when selecting external speakers for RSHE?

**4. ‘Gender Identity’ and ‘Social Transition’**

* If a pupil stated that he/she felt they were ‘in the wrong body’, what would the school’s response be? What action would the school take?
* Does the school support or facilitate social transition of pupils (e.g., name/pronoun changes, uniform, toilet use)?
* Does the school use or plan to introduce gender-neutral toilets?
* Does the school teach or promote the belief that some children are ‘born in the wrong body’?
* Does the school acknowledge the Cass Review’s conclusion that social transition is not a neutral act?

**5. Age-Appropriateness and Safeguarding**

* If a pupil asks a question which is inappropriate for their age group or for discussion in the classroom, what is the school’s guidance for teachers on handling this?
* How does the school ensure children are not exposed to information prematurely or beyond their developmental stage?
* What criteria are used to decide which books (e.g., novels, sex education guides) are included in classroom or library collections?

**6. Religious and Cultural Sensitivity**

* How does the school consider the religious background of pupils when designing and delivering RSHE?
* How are different moral or faith-based perspectives acknowledged and respected during teaching?

I would appreciate a written response to these questions at your earliest convenience.

I look forward to your response. Thank you for your cooperation in working with parents to ensure that RSE is delivered in an appropriate, transparent, and respectful way.

Yours sincerely,  
[Your Full Name]  
[Name of Your Child]  
[Year Group / Class]